

PORVAPØR

Nordic Gastro Spa · Barcelona

WHAT IS INCLUDED IN THE 3H SESSION

ENTRY PRICING

€55 per person — Off-peak

Tuesday - Friday · 12:00 to 15:00

€80 per person — Peak

Tuesday - Friday · 15:00 to 23:00 & Saturday - Sunday · 12:00 to 23:00

A single entry gives you 3 full hours of uninterrupted access to the entire thermal circuit.

INCLUDED IN EVERY SESSION

- ✓ Sauna and Aufguss sessions every hour
- ✓ Ice buckets & cold plunge
- ✓ Table at the restaurant
- ✓ Robe, towels, sauna hat, slippers & locker

Stay for the full 3 hours — alternate between heat and cold as often as you like. Treatments and food from the Nordic Tapas Bar can be added at any time.

Advance booking recommended, especially on weekends. · porvapor.com

SPA TREATMENTS

BODY RITUALS

Nordic Clay Renewal Ritual	60 min	€145
Algae 360 Ritual	60 min	€165
Express Body Scrub	15 min	€45
Kessa Herbal Scrub & Wash	20 min	€55
Hair Spa Ritual	20 min	€55

STEAM RITUALS

Nordic Detox Steam Ritual	60 min	€200
Arctic Steam & Ice Ritual	60 min	€220
Group Steam Meditation	80 min	€350
Aroma Steam Ritual for Two	40 min	€200
Classic Steam Ritual	15 min	€45
Contrast Steam Ritual	20 min	€55

MASSAGE

Signature Nordic Massage	60 min	€140
Sports Massage	60 / 30 min	€110 / €65
Classic Massage	60 / 30 min	€110 / €65

Carrer Wellington 94, Poblenou, Barcelona · porvapor.com

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NORDIC TAPAS BAR

BREAD & BUTTER

Bread & Butter Selection	€7
Gluten free bread with seeds	€4
Croutons	€4
Rye Bread with Seeds	€4

SMØRREBRØD

Smørrebrød with gravlax	€10
Smørrebrød with vegetables	€9
Smørrebrød with spiced root vegetable purée & slow-braised meat	€11

NORDIC TAPAS

Cured cucumbers with horseradish & pickled vegetable	€10
Chicken liver pâté	€10
Seasonal white fish gravlax with caviar	€18
Smoked beef tartare with Siberian caviar	€22
PORVAPØR Ensalada Rusa with red caviar	€14
Poached egg, truffled parmentier and caviar	€18
Berry cured salmon gravlax	€14

SOUPS

Creamy cauliflower soup with brown butter	€9
Finnish fish soup	€12

WARM DISHES

White fish with truffled mashed potato	€24
Swedish zucchini waffle with cream cheese and gravlax	€18
Meatballs with mashed potato and cranberry sauce	€20

DESSERTS

Cucumber sorbet	€8
Chocolate ganache & raspberry	€9

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DRINKS

SOFTS

PORVAPØR Sparkling Water	€5
PORVAPØR Still Water	€5
Coca-Cola Zero	€4
Coca-Cola	€4

LEMONADE

Classic Lemonade	€9
Pine-Juniper Lemonade	€9

MORSE (1000 ml)

Cranberry-Pine Cone Morse	€9
Pear-Pepper-Vanilla	€9
Raspberry-Mint	€9

TISANES

Raspberry-Tonka Bean Tisane with Hibiscus	€9
Sea Buckthorn and Orange Tisane with Thyme	€9

TEA SELECTION

English Breakfast	€4
Sweet Chamomile	€4
Marrakesh Mint Green Tea	€4
Rose-Infused Black Tea	€4

KVASS

Classic Bread Kvass 1L	€11
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LIQUORS (50 ml each)

Raspberry - Hot Pepper Vodka	€6
Horseradish - Citrus Vodka	€6
Coniferous - Citrus Vodka	€6
Cranberry - Rosemary Vodka	€6
Exivit Vodka	€6
Iberian Ham Vodka	€6

BEER — ØLGOD

ØLGOD Lotus Pale Ale 0.5%	330 ml / 500 ml	€5 / €8
ØLGOD Art for Art's Sake 4%	330 ml / 500 ml	€5 / €8
ØLGOD Kælderkold 5%	330 ml / 500 ml	€5 / €8

CAVA

Llopart Int. Brut Nat. 0.75L	€55
Llopart Rose Reserva 0.75L	€55

PORVAPØR

ANTONIUS CAVIAR

SIBERIAN

Siberian 5-star — 50 g	€85
Siberian 5-star — 125 g	€170
Siberian 6-star — 50 g	€95
Siberian 6-star — 125 g	€195

OSCIETRA

Oscietra 5-star — 50 g	€90
Oscietra 5-star — 125 g	€220
Oscietra 6-star — 50 g	€110
Oscietra 6-star — 125 g	€245

WINE & CHAMPAGNE

Ruinart Blanc de Blanc 0.375L	€185
Ruinart Blanc de Blanc 0.75L	€320
Pago Capellanes Nogal 0.75L	€190
Remirez De Ganuza Gran Reserva 0.75L	€235
Descendientes J Palacios Corullon 0.75L	€180
Pazo Barrantes gran vino albariño 0.75L	€120

THE PORVAPOR SET

€300

with Siberian 5-star — 125 g

- Butter selection (3 kinds) + Tartine & Rye Bread x2
- Trout Caviar — 125 g
- Porvapør style Ensaladilla Rusa with red caviar
- Salt-cured cucumbers with horseradish & pickled vegetable
- Seasonal white fish gravlax · Classic waffle
- Berry cured salmon gravlax · Chicken Liver Pâté

UPGRADE YOUR SET TO:

Siberian 6-star	€325
Oscietra 5-star	€350
Oscietra 6-star	€375